
THE SPIRITUAL CONNECTION

THE PORTLAND SPIRITUALIST CHURCH

February 2016



From the Desk

Many of you have, will have or are going through some "dark times" as the winter drags on. There is so little light and it just seems cold and dark all of the time. Well, I'm right there with you. Winter always brings out the more pessimistic character in me for just that reason. It sometimes is a battle and sometimes the battle is not won, but by spring the war is usually done and I am once again the victor. That's not to say that I don't appreciate bright, crisp days in winter. I'm certainly not under a gloomy cloud from December until March. I'm not an entire stick in the mud!

Many of you have heard me talk about my father and his quotes and sayings. When he and I would talk about my troubles or about someone else's problems he'd usually say: "Things might look bad right now but the sun will still rise tomorrow. " He's right of course. Time and the world march on and our problems will come and go and come and go again. This is a fact of Nature that we must all realize.

So many of the things that we worry and stew about, are kind of minor if one looks at them in the overall. I suppose from our own perspective the problems that we face are much larger, meaner and darker because they're our problems. But if we look at all that is going on around us and realize the fact that time will not stop for our problem, we should realize that the things we dwell upon and worry about are fleeting and as fragile as smoke in a breeze. It sort of puts their importance and severity in perspective. There are lots, and I mean lots of other worse things going on in this world that far out shadow our own trials and tribulations. (These are the same words that I hate to hear
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**The next Board meeting will be
February 14, 2016**

Pastor

Rev. Beth Carter, CM, CH 207-797-2039

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Distribution Open Position

Invictus

By: William Ernest Henley

Out of the night that covers me,
Black as the Pit from pole to pole,
I thank whatever gods may be
for my unconquerable soul.

In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeoning of chance
my head is bloody, but unbowed.

Beyond this place of wrath and tears
Looms but the Horror of the shade,
and yet the menace of the years
Finds, and shall find, me unafraid.

It matters not how strait the gate,
How charged with punishments the scroll.
I am the master of my fate:
I am the captain of my soul.

From the Desk cont.,

when people are trying to console me: None the less, it's true.)

Our loved ones from Spirit want to show us this rule of Nature. Everything moves forward, everything changes. Nothing in this universe is static. Dwelling on things of the past or worries of the present are a waste of energy since they are only illusions created by our own minds. Spirit wants to tell us that we are here to learn lessons we need in order to become closer with and attuned to Infinite Intelligence.

So be of good cheer!! Since all things move forward, spring is only sixty something days away and summer is soon to follow. Keep this in mind when you are feeling down or in an anxious state of mind. So once again, in the words of Clair Carter: "Things might look bad right now, but the sun will still rise tomorrow." (Here's the second part of his quote) "And if the Sun doesn't rise tomorrow, your problems really aren't going to be that big of a deal anyway!"

Prez

When the sun rises

By : Rebecca Scarf

When the sun rises and I have gone away,
please forgive me, I was unable to stay.
I tried to remain and love you more,
but I had to go through another door.
I was called away to a brand new place
that surrounds me with love and makes me feel safe.

Everyone we have lost has held me in their arms,
so do not be afraid, do not be alarmed.
There is another world out there,
a place that we can someday share.
Just for now, I've gone on ahead,
so I cannot wipe those tears you've shed,
but I am here to help you stand strong,
for I am now where I truly belong.
Your physical life must carry on without me,
while in my spiritual one I will be here, you'll see.
For love is eternal and I learnt that here,
it's opened me up to see so very clear.
I am your love and soul mate forever,
in each life we intertwine together.
So tomorrow, when the sun rises again,
let the spark of a smile become a flame,
think of me flying high up in the sky
and let your troubles pass you by.



INFINITE POSSIBILITIES WITH INFINITE INTELLIGENCE

We know God as Infinite Intelligence, the creative energy of the universe. With this creative force, there is no limit to the possibilities that can be manifested through desire, visualization, thoughts, and our actions. Since I like acronyms, the following are some of the possibilities available through interaction with our own God spark and our connection to the Infinite.

P – Prayerful Life

O – Obvious growth

S – Sincerity

S - Self-Responsibility

I – Ingenuity

B – Being Strong

I – Intelligent Usage

L – Loving Relationships

I – Inquiring Mind

T – Total Awareness

I – Ideology

E – Enduring

S – Spiritual Growth

When we have a connection with God through meditation or through knowingness, we have a prayerful life because we are constantly in touch with our source. We are not pleading with God; we know that we manifest our needs and our desires by the Law of attraction and the law of compensation. We work with natural law to create. There is no need to be in want at any time when we have this connection to God.

This knowing that God is a part of our life generates growth in our lives. It becomes obvious to others around us, and they want to know what we have that they do not. They start to watch and emulate. This brings about greater growth through the relationships we create in life. The possibility of growth is a great potential when we practice what we believe.

In this part of life, we need to be sincere in our desire to be more at one with God, and to be more spiritual in our outlook on life. Sincerity is a product of the connection to God, but it is also a trait that we should cultivate, for it is a part of our self responsibility. We repeat our 7th principle "We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey nature's physical and spiritual laws." We cannot depend on anyone else to atone for any of our actions, thoughts, or deeds. For that reason, we are different from religions that depend on a savior to help the individual to achieve a heaven. Sometimes, we must use our ingenuity to achieve self responsibility. We can find ourselves in challenging situations, and we have to ask what is for the greater good of those involved. It may take some ingenuity to come up with an answer. When we find an answer, then we must be strong and carry through. It may not always be comfortable, but we need to listen to our spirit helpers and to our inner voice.

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We have been given a wonderful intelligence that we use when needed—most every day in every way. As we show intelligent usage of our knowledge and our connection to the spiritual side of life, we become light bearers to others who may be in similar situations.

This recognition of our own abilities and intelligence can lead to more loving relationships and help us in recognizing the beauty and wisdom in others. Use your inquiring mind to determine whether you are in a relationship that is healthy for you. Search further if needed, and know that you are being led to what is for your greater good. That leads to total awareness of your being, your surroundings, and your actions and reactions with others. All of these attributes, intelligence, loving energy, an inquiring mind, and total awareness of your life, can lead to a happy, peaceful life that is God-centered.

Spiritualism is a philosophy and a way of living. Our ideals are to be at one with our own God spark, open to communication from those on the other side, and to release all fears of life and death. This will lead to enduring goals and ideals for a productive and successful life, progressing to a higher understanding of life and preparing for the next stage when we make the transition to spirit. All of this is a part of our spiritual growth. Therefore, remember:

Anything and Everything is Possible with Infinite Intelligence.

**Rev. Lelia E. Cutler, NST
NSAC President**

Memorial Spiritualist Church Norfolk, Va.



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Education Speaks for Itself

Spiritualists saw a need to educate, not only their Ministry, workers and leaders, but all Spiritualists on the Science, Philosophy, and Religion of this great view of the world. The Morris Pratt Institute, established in 1901, has been a part of that education for almost 100 years. Presenting a correspondence course in Modern Spiritualism is just a part of the Morris Pratt Institute. The school also presents a two week residential course in Pastoral Skills and Special Seminars on the aspects of Spiritualism.

To enhance the study of Spiritualism, the MPI has an extensive research library in Milwaukee, open to the public. If you are unable to visit the library, you can request a book catalog for the mail order book store, carrying books on Spiritualism and related topics. For further information on the Morris Pratt Institute visit their web site at: [Morris Pratt Institute](http://www.morrisprattinstitute.org) or contact them at:

Morris Pratt Institute

11811 Watertown Plank Road
Milwaukee, WI 53226-3340
Phone: (414) 774-2994



Please send your **Dues** to:

The Portland Spiritualist Church
PO Box 6551
Portland, ME 04102

Or you can give to Sally, Bobbet,
Mike or Beth at church.
Thank You in Advance

Sunday Speakers and Mediums

- February 7 Rev. Beth Carter, CH,CM
Portland Spiritualist Church
- February 14 Mike Carter
Portland Spiritualist Church
- February 21 Rev. Catherine Sabine NST
Spiritualist Church of Eternal Life
- February 28 To Be Announced / Watch the
Web-site or Facebook
- March 6 Melissa Gabriel
Harrison D. Barrett Church

Legends

- CM - Certified Medium**
- MPI- Morris Pratt Institute Student**
- REV- Reverend**
- NST- National Spiritualist Teacher**
- CH- Commissioned Healer**
- LM- Licentiate Minister**
- M- Missionary**

Friday Classes

- Feb. 5th** Q&A followed by Development
Circle
Rev. Beth Carter
Mike Carter
- Feb. 12th** "Meditation and Mediumship"
Lance Cyr
- Feb. 19th** Séance I
Rev. Beth Carter & Mike Carter
- Feb. 26th** Mini Readings / Private 15
Minute readings for \$15.00
- March 4th** Séance II
Rev. Beth Carter & Mike Carter

Being in the moment...

Be in the moment you are in,
Be in the moment you are in, or in the
one you would rather be in.

By:

James van Praagh, Medium

HAPPY BIRTHDAY

Lauren Nelson
Rosa Parks 1913- 2005
Bob Marley 1945-1981

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