

THE SPIRITUAL CONNECTION



Portland Spiritualist Church February 2020

OUR MISSION

The mission of the Portland Spiritualist Church is to promote the science, philosophy and religion of Modern Spiritualism and its nine principles.

As Spiritualists, we serve those seeking conformation of, and comfort in, the concepts of continuity of life and Natural Law.

Through Spirit communications, teaching, hands-on-healing, and public service we bring the light and wisdom of Infinite Intelligence to our community.

FROM THE DESK

Have we gone cabin crazy yet!! Maine is the greatest place to live, but if you're not into winter or winter sports, the walls can kind of close in on you. Beth's daughter was kind enough to hook us up with Netflix for Christmas which really helps with our British mysteries habit. Thank goodness for books. I read one a year whether I need to or not! This year's book is called "Brain Briefs" which gives explanations about brain functions in an understandable context. For some reason or another I've been attracted to more informational books and usually it involves the brain.

But to get back to the book. It's amazing how science has expanded its knowledge of the brain but still admits that there is so much yet to be understood. Science can tell you what part of the brain activates when you're angry, sad, or curious. Science can tell you where the primitive parts of the brain are and where we make our executive decisions.

But it still misses the mark when it comes to the spark, the awareness of self that we all contain. We must agree that brain activity takes energy. Actually, in this book, they state that the brain uses as much energy as the major muscles in our bodies. It takes quite a bit of calories to run the 'ol 'noggin. We also know from high school science that energy cannot be created or destroyed but only changed. From that we can conclude that the energy or the "spark" that is our identity, that is our "self" changes when the machinery of the flesh ends. This changed energy continues in another dimension, in heaven or whatever your belief systems contend.

Our change of energy allows our consciousness to move out of the body. Some speculate that it's a definite place somewhere (Heaven, Nirvana, etc.) while others (the physicist types) believe that we go "inter dimensional". However or where ever our consciousness goes is really of little difference to me. Just as long as it's warm! I'm astounded every time a medium gives me accurate physical descriptions of a loved one or relates characteristics that can only be someone I know in the "Spirit Realm". (I call it the "Spirit Realm") This is my affirmation that the consciousness continues after the body



An Auxiliary of NSAC

dies. I know that I've told people this before, but in the twenty-five plus years I've been a Spiritualist, I've probably only had ten or fifteen goosebumps on your arm hair standing on your neck confirmations from Spirit. But that is my proof, that is my affirmation of life's continuation.

So, there are great hopes that Science will eventually catch up with us and figure out what we as Spiritualists already know. This little stop-over here on Earth is just one portion of a great adventure our consciousness is taking in order to return to the source, Infinite Intelligence. It's a continuous learning experience with the culmination of our energies joining once again with the Infinite.

Mike Carter / President

Classes, Services and Events

Sunday Services 10:30AM

Feb. 2nd / Diane Whiton / Portland Spiritualist Church

Feb. 9th / Rev. Beth Carter CH,CM / Portland Spiritualist Church

Feb. 16th / Mike Carter / Portland Spiritualist Church

Feb. 23rd / To Be Announced / Watch Facebook and Web-site.

March 1st / Scott Mills / Augusta Spiritualist Church & Pinpoint of Light Camp

Friday Classes 7:30 PM

Feb. 7th / Séance II / Rev. Beth Carter CH,CM

Feb. 14th / Meditation and Mediumship / Lance Cyr

Feb. 21st / Mini Readings / 15 Mi Feb. n. Readings for \$15

Feb. 28th / Class on Speaking in Front of Your Peers

KEY: CM-Certified Medium / MPI-Morris Pratt Institute Student / Rev.- Reverend / NST- National Spiritualist Teacher / CH- Commissioned Healer / LM-Licentiate Minister / M-Missionary



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Next Board Meeting: The next PSC Board Meeting will be Wednesday February 26th at 7:00 PM. Happy Mardi Gras!!



A Few Things to Remember

Editor: We are looking for an individual to be the editor of the “Spiritual Connection”. The editor should be versed in Windows 10 and willing to seek out information for the newsletter. If you are interested, please contact Mike Carter.

Submissions: We’re always looking for new material to put into the newsletter. If you have items that you think will be interesting in a newsletter, you can submit them to the new editor or for the time being to Mike at retrac55@peoplepc.com

Membership Dues: Members please be aware that you’re annual membership dues were due on January 1st. Dues this year have gone up to \$25 per person. If you’re paying your dues at a service or class, please let the person counting the collection know that you are paying your dues. If you wish to mail in your dues, send the check made out to the Portland Spiritualist Church to. PO Box 6551 / Portland, ME 04102.

In the Near Future:

Joao’s Class: Please be aware that Joao’s evening class “Movement Concepts” will be cancelled on the evenings of February 24th and March 2nd. Joao will be out of the country teaching and learning in Germany.

Board of the Portland Spiritualist Church

President: Mike Carter (207) 797-2039 Vice President: Lance Cyr (207) 831-4929

Secretary: Sallie Chase / Treasurer: Lauren Nelson

Directors: Inga Olsen / Harvey McCarthy / Joann Sica

Our Pastor: Rev. Beth Carter CH,CM - (207) 797-2039

Next Board Meeting Date: August 21st @ 7:00 PM

Church Web-site: www.portlandspiritualistchurch.org

e-mail: info@portlandspiritualistchurch.org

Take an hour or so on Monday Bordallo in his weekly class. The class offers a series of light tradition. Using these exercises easily achieve a meditative state.

All presentations are made for and educational purposes and may not National Spiritualist Association of



evenings to join Joao “Movement Concepts”. exercises in the Sufi allows the body to more

comparative, informational, reflect the teachings of the Curches

Thoughts



“MAYBE LIFE DOESN'T GET ANY BETTER THAN THIS., OR ANY WORSE, AND WHAT WE GET IS JUST WHAT WE'RE WILLING TO FIND: SMALL WONDERS, WHERE THEY GROW”

Barbara Kingsolver, *Small Wonder*

A little over a year ago my sweetie, Erika, and I were visiting our friends, John, Mikako and their beautiful son, Kia, in Hawaii for a few days. During our visit, John introduced us to several "Islander" pidgin language phrases, one of them being, "make party," which essentially means to gather with friends and family to eat, drink and celebrate life (e.g. "Come by our house tonight, we're going to barbecue, drink some wine and make party."). I liked the uniqueness of the expression, and tucked it away in the back of my mind...

A few weeks ago, I was lounging on the couch, flipping through channels, when I happened to turn to an old black and white film on the "Turner Classic Movies" channel. I watched for a while, but soon became drowsy and drifted off into one of those kooky half-awake catnaps... At some point, I heard one of the characters in the movie say something like, "...You're going to make good on your promise..."

Somehow in my semi-comatose state of mind, I coupled the "make good" part of the movie's dialogue with the Hawaiian expression, "make party," and I started to sleepily mull around the words, make good -in the same context the islanders mean, "make party." The more I thought about it, the more I was awakened to just how simply profound that little phrase, MAKE GOOD, really is.

And as I continued thinking about the many implications of MAKE GOOD, I was lead to consider how it applied to my own life...like, what good do I make in my life; or could make; or perhaps choose not to make?

Then I wondered: If I make something, and it isn't good, what then have I created? That thought startled me, for I suddenly realized I am constantly creating something, and I alone am responsible for the good of my creations.

Indeed, MAKE GOOD does suggest creativity, ownership, responsibility, quality, positive change, transformation, both a micro and macro perspective, hope, excellence...the list is endless, and encompasses everything we can ever conceivably think, say and do.

Consider the words MAKE GOOD in these contexts:

Make good on promises.

Make good thoughts.

Make good friends.

Make good love.

Make good habits.

Make good relationships.

Make good money.

Make good communities.

Make good words.

Make good choices.

Make good use of time.

MAKE GOOD is as vast and diverse as is our creative lives, both individually and collectively as a community, nation and world community. Good can be our primary aspiration and the essential ingredient that infuses everything we ever can possibly make.

In these days of fear, uncertainty, cynicism, suffering, unrest, corruption and hardship, isn't it an amazing notion to know that we each and all still have the choice and power to MAKE GOOD everything we think and do? And if we determine to always MAKE GOOD, isn't it logical that the end result must lead to creating better lives, environments, communities, nations and world?