

# THE SPIRITUAL CONNECTION

The Portland Spiritualist Church  
October 2016



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<b>Pastor</b>	Rev Beth Carter CM, CH.....207-797-2039

**The next Board Meeting  
October 9th @ 4:30**

## Newsletter staff

<b>Editor</b>	Sandi Cayia... ..603-767-5103 <a href="mailto:sjcsail@rocketmail.com">sjcsail@rocketmail.com</a> <a href="mailto:info@PortlandSpiritualistChurch.org">info@PortlandSpiritualistChurch.org</a>
<b>Distribution</b>	"Open Position"

## From the Desk

Howdy!!

Well I'm pretty sure that we had a summer. I vaguely remember warm weather and some humidity, but for the most part I'm drawing a blank.

Remember when we were all kids and it seemed like the summer would last forever? Remember all of the things we'd find to do and how bored we would become when there wasn't some activity?

My parents (just to show you how times have changed) would give us saws and hammers and a can of old nails and point us to the woods saying "Go build a camp!"; which we dutifully did. That would usually keep us occupied for a couple of hours and sometimes for a couple of days.

I'm finding that as I crest over that hill of life and as I get closer to the finish and not the start, time moves so much more quickly. There doesn't seem to be enough time to fit in all of the things that I want to get done.

There are always projects around the house or carpentry projects I'd like to start or perhaps planting myself down and writing all of the things that I've been threatening to write. But the one thing that I feel I must accomplish is to get myself right in my reformation.

We should never think that we're "all good" in our Spiritual path as well as our life path. For good or for bad we are humans and suffer from the affliction of ego. Our DNA requires that we think of ourselves first or that the better we "appear" the more we will appeal to others.

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### Sunday Speakers and Mediums

Sunday Speakers Services 6:30 PM

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|---------------------|---|
| <b>October 2nd</b>  | <b>Rev. Earl Wallace<br/>Augusta Spiritualist Church</b>      |
| <b>October 9th</b>  | <b>Eddita Felt<br/>Portland Spiritualist Church</b>           |
| <b>October 16th</b> | <b>Barbara Echardt<br/>Temple Heights Spiritualist Church</b> |
| <b>October 23rd</b> | <b>Gary Mascher<br/>Augusta Spiritualist Church</b>           |
| <b>October 30th</b> | <b>Christine Dube<br/>Church of Spiritualist Life</b>         |

#### Legends

- CM - Certified Medium
- MPI- Morris Pratt Institute Student
- REV- Reverent
- NST- National Spiritualist Teacher
- CH- Commissioned Healer
- LM- Licentiate Minister
- M- Missionary

### Friday Development Classes

Friday Classes 7:30 PM

Friday classes are by donation.  
Donation \$5.00 of is suggested,  
but not required.

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| <b>October 7th</b>  | <b>No Class<br/>Medium's Day Set Up</b>  |
| <b>October 14th</b> | <b>Meditation and Mediumship<br/>with Lance Cyr</b>                              |
| <b>October 21st</b> | <b>Meditation in Motion<br/>with Joao Bordallo</b>                               |
| <b>October 28th</b> | <b>Gallery Readings<br/>Rev. Beth Carter CH, CM<br/>&amp; Mike Carter</b>        |
| <b>November 4th</b> | <b>Mediumship Development<br/>Rev. Beth Carter, CH, CM<br/>&amp; Mike Carter</b> |

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Which brings me to a new Natural Law that I'd like to introduce. This will be the law of the ego and it will state: **“All self-aware creatures are born with the need to self-promote in the belief that it will allow them to be noticed.”**

We've all been instructed in Natural Law that we cannot fight against it because it is immutable and a part of nature. In this I agree, but we must also realize that in order to be better spiritual beings we need to get our egos under control.

We all have egos and we all hope to be noticed. We must then also accept that there is more to us than what we present to those around us. We must realize that we are a part of a greater force that permeates the Universe. Our ego is a thing of this plane and time. When we transcend to the Spirit world, our ego becomes the very, very minor part of us. It is merely a thing that we use to reference ourselves to our loved ones here on the Earth.

Genetics has made us act as individuals, but Infinite Intelligence links us all together not only in this space that we are in, but on all planes of existence at all times.

Prez

Cont. from Colum 2

The person who exhales the carbon dioxide, the clouds that produce the rain, the sun that gives light, the leaf that transforms all these things into sustenance for a tree—not one of these could survive without being part of this cycle.

Each living being is dependent upon other living things for its survival. When we look at the world, we see that this is not a place where different beings survive independently of one another. Earth is home to a web of living things that are connected to each other through a spinning kaleidoscope of relationships. We need each other to survive and thrive.

September 27, 2016

## Connection

### *The Truth of Interdependence*

By Madisyn Taylor

*Earth is home to a web of living things that are connected to each other through a kaleidoscope of relationships.*

Picking a leaf off the ground and contemplating it as an object in and of itself is very inspiring. Its shape and color, the way it feels in your hand, its delicate veins and the stem that once held it fast to the branch of a tree—all of these qualities reveal a leaf to be a miniature work of natural art. As we contemplate this small object more deeply and consider where it came from and what purpose it has served, we find that the leaf is one small but essential part of a system that harnesses the energy of the sun, plumbs the depths of the earth, and in the process brings into being the oxygen many living things rely on to live.

A leaf transforms the elements of its environment—sunlight, carbon dioxide, rain—into nourishment for its tree. This beautiful, nearly weightless, ephemeral piece of nature is a vital conduit to the branch that is a conduit to the trunk that is a conduit to the roots of the tree. The roots, in turn, draw nourishment from the earth to feed the trunk, the branches, and the leaves. The living beings that inhale the oxygen that comes from this process exhale the carbon dioxide that feeds the leaves through which the tree is fed. It is difficult to know where one cycle ends and another one begins.

One of the many gifts that nature offers us is a clear demonstration of the interdependence between all living things.

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# Fall Medium's Day

Presented By

The Portland Spiritualist Church

October 8th 10AM -3 PM

17 Dunn St. Westbrook, ME

Private Readings - 15min - \$20 / 30min - \$35

Auric Photography, Vendors, Spiritualist Healings

Food Table - Free Admission

FMI: (207) 797-2039

[info@portlandspiritualistchurch.org](mailto:info@portlandspiritualistchurch.org)



September 28, 2016

## **Doing Our Best**

*Personal Satisfaction*

By Madisyn Taylor

*Your best is always good enough, because it comes from you,  
and you are always good enough.*

We often come into contact with the idea that our best isn't good enough, as if this were actually possible. If you examine this notion, you will begin to see that it doesn't make much sense. Your best is always good enough, because it comes from you, and you are always good enough. You may not be able to deliver someone else's idea of the best, but the good news is that's not your burden. You only need to fulfill your own potential, and as long as you remain true to that calling, and always do your best to fulfill your purpose, you don't need to expect anything more from yourself.

It's easy to get tangled up with the idea of trying to be the best—the best parent, the best employee, the best child, or best friend. If we try to be the best, we run the risk of short-circuiting our originality because we are striving to fit into someone else's vision of success. In addition, if everyone is striving for the same outcome, we lose out on creativity, diversity, and visionary alternatives to the way things are done. On another note, there is nothing wrong with wanting to improve, but examining where this feeling comes from is important because wanting to be better than others is our ego coming into play.

Letting go of the tendency to hold ourselves up to other people's standards, and letting go of the belief that we need to compete and win, doesn't mean we don't believe in doing the best job we can. We always strive to do our best, because when we do we create a life free of regret, knowing we have performed to the best of our ability. This allows us to feel great personal satisfaction in all of our efforts, regardless of how others perceive the outcome.