

# THE SPIRITUAL CONNECTION

The Portland Spiritualist Church  
October 2018



## Board of Directors

**President** Mike Carter... 207-797-2039

**Vice President** Lance Cyr.....207-831-4929

**Treasurer** Lauren Nelson

**Secretary** Sallie Chase

**Directors** Inga Olsen  
Joann Sica  
Richard Nelson

**Pastor**  
Rev Beth Carter CM, CH... ..207-797-2039

## Newsletter staff

**Editor** Sandi Cayia... ..603-767-5103

[sicsail@rocketmail.com](mailto:sicsail@rocketmail.com)

[info@PortlandSpiritualistChurch.org](mailto:info@PortlandSpiritualistChurch.org)

**Distribution** "Open Position"

## From the Desk October 2018

Quite a few years ago, George Carlin did a comedy "bit" about the planet and global change. The gist of the routine was that: We can rave and rant all we want about saving the planet, but the planet really doesn't care. The Earth has been here for billions of years before us, and it will be here for billions of years after our time as a species has passed. What we do to ruin it will be healed or altered and the planet will return to a new balance. So, it's not about saving the planet, it's about figuring out how we are going to stay intact as the "big guns" on the planet. The Earth will recover, and probably quite quickly after it's shed itself of those self-destructive humans.

I think that what Carlin is saying is, our focus shouldn't be on what's going on with the planet. We should be thinking about what we're doing to ourselves as a species. We're voluntarily driving ourselves into the maple tree of our own destruction. Spirit tells us that we are responsible for our own actions as individuals. When we work within and with the flow of Natural Law, our lives will blossom and grow.



Cont. pg. 3



### **Sunday Speakers and Mediums**

Sunday Speakers Services 6:30 PM

**Oct. 7<sup>th</sup>**

Gary Mascher  
Augusta Spiritualist Church

**Oct. 14<sup>th</sup>**

Rose Osborn  
Augusta Spiritualist Church

**Oct. 21<sup>st</sup>**

Dr. Earl Lord  
Dexter, ME

**Oct. 28<sup>th</sup>**

Inga Olsen, MPI  
Portland Spiritualist Church

**Nov. 4<sup>th</sup>**

Mike Carter  
Portland Spiritualist Church

**Board Meeting** October 24<sup>th</sup> at 7:00 p.m.

CM - Certified Medium  
MPI- Morris Pratt Institute Student  
REV- Reverent  
NST- National Spiritualist  
Teacher CH- Commissioned  
Healer  
LM- Licentiate Minister  
M- Missionary

### **Friday Development Classes**

Friday Classes 7:30 PM

**Oct. 5<sup>th</sup>**

Mediumship Development  
Rev. Beth Carter CH, CM  
& Mike Carter

**Oct. 12**

Meditation & Mediumship  
Lance Cyr

**Oct. 19<sup>th</sup>**

NO CLASS  
SET UP FOR MEDIUM'S DAY

**Oct. 26<sup>th</sup>**

Men's Talking Circle  
Harvey McCarthy  
& Mike Carter

Cont. pg. 1

Perhaps we all, not just Americans, not just Spiritualists, or Christians or Indians or Iranians, but all of mankind should look at the responsibility we should be taking in order for the species to blossom and flourish. Natural Law works in and with all things, and so it should organically follow that the human species would do a lot better if it worked with the laws of the Universe and not in rebellion of them.

We all know what the law of Cause and Effect is doing to our atmosphere, so there's no point on dwelling on that. We all know personally what happens when we project our anger and hate. It comes right back at us. So, if an entire population projects that same kind of hate and anger, what will be the natural outcome? We all know that you can only put so much water in a glass, and when it overflows, the water is lost. So, we should naturally know that if we allow our populations to continue to explode, it will overflow the glass and so much will be lost.

Spiritualist (or at least this Spiritualist) believes that as long as no physical, mental or spiritual harm is done, any religion is a good religion. I believe that nearly all of the population of this planet just want a place to stay, something to eat and somebody to love and for whom to care. If it's that simple, why can't we achieve that goal for everyone? Why can't we take our knowledge of what is true and pass it to everyone?

The Tower of Babel is long gone. Language and custom should no longer be barriers to the enlightenment of humankind. We all need to begin to understand those who are different than us as they should make the same effort in our direction.

Cont. next column

Cont. from previous column

I believe that we've gone forth and multiplied enough! There is such a great opportunity to make the human race a great, strong, loving species, that will continue for millennia, but it takes work. Manifestation only works when we put the work into it.

As Spiritualists, let's make this one of our goals. Let's work for the growth, enlightenment and happiness of all humans. As we do this, once again, Natural Law will take effect and our lovely planet will once again level off into its "new normal".

Mike Carter  
President  
Portland Spiritualist Church

#### **TRIVIA**

**\*\*Orange and black are Halloween colors because orange is associated with the Fall harvest and black is associated with darkness and death.**

**\*\*Jack o' Lanterns originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.**

**\*\*Pumpkins also come in white, blue and green. Great for unique monster carvings!**

**Halloween was brought to North America by immigrants from Europe who would celebrate the harvest around a bonfire, share ghost stories, sing, dance and tell fortunes.**

**\*\*Tootsie Rolls were the first wrapped penny candy in America. The ancient Celts thought that spirits and ghosts roamed the countryside on Halloween night. They began wearing masks and costumes to avoid being recognized as human.**

**\*\*The most popular candy for trick-or-treaters with Snickers #1.**

**\*Black cats were once believed to be witch's familiars who protected their powers.**

**The fear of Halloween is known as Samhainophobia.**

# The Golden Rule

BY [MADISYN TAYLOR](#)

*When we honor others by following the golden rule, we honor ourselves too.*

All over the world, there exists a simple precept that, when followed, has the power to end conflict and banish strife. It is the Golden Rule, a key concept in many philosophies and spiritualities that admonishes us to "do unto others as we would have them do unto us." Its meaning is clear: treat others only in ways that you would want to be treated. However, the golden rule is not always easy to follow. It can be a challenge to honor others as we wish to be honored. Yet, when we do so, we bestow a gift of loving kindness on our fellow human beings. And, in honoring others, we honor ourselves.

It is as uncomplicated a tenet as one could wish for. When we live by it, harming another person becomes nearly impossible. The Golden Rule is rooted in pure empathy and does not compel us to perform any specific act. Rather, it gently guides us to never let our actions toward others be out of harmony with our own desires. The Golden Rule asks us to be aware of the effect our words and actions may have on another person and to imagine ourselves in their place. It calls on us to ask ourselves how we would feel if what we were about to do were directed toward us. And yet this rule invites us to do more than not harm others. It suggests that we look for opportunities to behave toward others in the same ways that we would want others to act toward us. Showing compassion, being considerate of others, caring for the less fortunate, and giving generously are what can result when you follow the Golden Rule.

Adhering to the Golden Rule whenever possible can have a positive effect on the world around you because kindness begets kindness. In doing so, you generate a flow of positive energy that enfolds everyone you encounter in peace, goodwill, and harmony.

# Fall Medium's Day

Portland Spiritualist Church

Oct. 20th / 10AM - 3PM

17 Dunn St. / Westbrook, ME

Spiritualist Readings

15 min / \$20 - 30 min / \$40

Spiritualist Hands on Healing

Auric Photography - Paula Lipinski

'Herbs of the Field' (herbal products) - Donna Young

Vendors / Food Table / and More

FMI: (207) 797-2039 / [www.portlandspiritualistchurch.org](http://www.portlandspiritualistchurch.org)