

The Spiritual Connection

Portland Spiritualist Church monthly newsletter

February 2012



*To enjoy good health, to bring true happiness to one's family,
to bring peace to all, one must first discipline and control one's own mind.
If a man can control his mind he can find the way to Enlightenment,
and all wisdom and virtue will naturally come to him.
~Buddha~*

Membership dues are \$20 and should be submitted prior to April 1st. Dues must be current in order for a church member to vote at the annual meeting.

The negotiations for our move to the American Legion Hall on Dunn Street (just around the corner from Mission Possible) are almost complete. Be sure to keep an eye on the website for more information as things develop. Mark your calendars with the schedules for Sunday Services and Friday Night Development Classes and Gallery Readings that you'll find on the following pages. All Upcoming Events will be held at the Hall unless otherwise noted.

During the winter season please monitor NBC and CBS for service and class cancellations. We attempt to update the website for cancellations but cannot guarantee that so if in doubt please call 207-655-6673 or another Board member.

Sunday Services

6:30pm to 8pm

Our services consist of three parts:

February 5: No Service

February 12: To Be Announced (Open House 4pm-6:30pm)

February 19: Patricia Cizewski

February 26: To Be Announced

Friday Night Development Classes

7:30pm – 9:00pm

Classes are by donation unless otherwise noted

February 3: No Class

February 10: Development Circle with Rev Beth Carter, CH, CM and Mike Carter

February 17: To Be Announced

February 24: Gallery Readings – Mediums to be announced - 7 pm - \$10 – Please visit our website as Gallery Mediums may change. We cannot guarantee everyone will receive a reading, particularly if attendance is high.

Legend: CH – Commissioned Healer

LM – Licentiate Minister

M – NSAC Missionary

Rev – Reverend

CM – Certified Medium

MPI – Morris Pratt Institute Student

NST – National Spiritualist Teacher

*Prayer is when you talk to God.
Meditation is when you listen to God.
~Author Unknown~*

Mediums on the Move

February 5: Rev Graham Connolly, NST, CH, CM, M serves the Augusta Spiritualist Church

February 26: Mike Carter serves the Augusta Spiritualist Church

Upcoming Events

February 12: Portland Spiritualist Church hosts an Open House from 4pm – 6:30pm followed by a church service. Please invite a friend to have them learn about Spirit, Spiritualism, Spiritual Healing, Mediumship and the history of our Church. Bring your questions and explore this wonderful religion.

March 10: Paranormal Investigation with Dr Barbara Williams & Steve Williams from 10am – noon \$20; Musical Mediumship with Eddita Felt, Sue Barker & Ruth Kirkwood from 1pm – 4pm \$25.

March 17: Maine State Spirititual Association of Churches Spirit Festival, Augusta

March 24: Astrology, Numerology & Palmistry with Dorothy Morgan, Darlene Chadbourne & Janice Donnelly – Readings available from 10am – 5pm - \$45 per ½ hour – Appointments preferred 207-797-2039, Rev Beth Carter

April 21: Portland Spiritualist Church Mediums Day, 10am – 3pm

April 28: Augusta Spiritualist Church Mediums Day, 10am – 3pm

May 19: Past Life Regression Workshop with Michael Hathaway (author), 10am – 1pm, \$25 – Pot luck to follow.

Check out our website at www.portlandspiritualistchurch.org for more information on classes, events, education and more.

Spiritualist Healing Prayer...

I ask the great unseen healing force
to remove all obstructions
from my mind and body
and to restore me to perfect health.

I ask this in all sincerity and honesty,
and I will do my part.

I ask this great unseen healing force
to help both present and absent ones
who are in need of help
and to restore them to perfect health.

I put my trust in the love and power of God.

*Too often we underestimate the power of a touch, a smile, a kind word,
a listening ear, an honest compliment, or the smallest act of caring,
all of which have the potential to turn a life around.*

~Leo Buscaglia~

Board of Directors

President: Rev Graham Connolly, NST, CH, CM, M - 207-655-6673

Vice-President: Lance Cyr - 207-854-2245

Secretary: Vacant

Treasurer: Sue Jalbert, CH – 207-831-7821

Director: Isabelle Hart, MPI – 207-282-7975

Alan King

There will not be a Board of Directors meeting in February. The next Board Meeting will be March 11, 2012 at 4:30 pm. All PSC members are welcome to attend and have their voice heard.

Pastoral Committee

Rev Graham Connolly, NST, CH, CM, M

Rev Beth Carter, CH, CM

Chris Owen, LM, CH, CM;

Social Secretary

Isabelle Hart

Newsletter Staff

Sharon Kelley, Editor

Eva Giro, Arnold Howe

Please send any questions or comments you may have regarding our church to info@portlandspiritualistchurch.org . Please be sure to change your bookmarks or add us to your address book accordingly.

Let there be peace on earth

And let it begin with me.

~Seymour Miller & Jill Jackson~

"Let There Be Peace on Earth," 1955

Peace starts within us- we cannot bring to the world what we do not have to offer.

An Inner Choice

Peace

Often we look at the outside world and find it in a state of seeming chaos or disorder. We feel compelled to transform the situation from one of turmoil into one of peace, yet we are often disappointed in our best attempts to do so. One reason for this is that we cannot bring to the world what we do not have to offer. Peace starts in our own minds and hearts, not outside of ourselves, and until its roots are firmly entrenched in our own selves, we cannot manifest it externally. Once we have found it within, we can share it with our family, our community, and the whole wide world. Some of us may already be doing just that, but for most of us, the first step is looking within and honestly evaluating the state of our own relationship to peacefulness.

Interestingly, people who manifest peace internally are not different from us; they have chattering thoughts and troubled emotions like we all do. The difference is that they do not lend their energy to them, so those thoughts and feelings can simply rise and fall like the waves of the ocean without disturbing the deeper waters of peacefulness within. We all have this ability to choose how we distribute our energy, and practice enables us to grow increasingly more serene as we choose the vibration of peace over the vibration of conflict. We begin to see our thoughts and feelings as tiny objects on the surface of our being that pose no threat to the deep interior stillness that is the source of peacefulness.

When we find that we are able to locate ourselves more and more in the deeper waters and less on the tumultuous surface of our being, we have discovered a lasting relationship with peace that will enable us to inspire peace beyond ourselves. Until then, we help the world most by practicing the art of choosing peace within.

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*Continuity gives us roots;
change gives us branches, letting us stretch and grow and reach new heights.
~Pauline R. Kezer~*